

### Parents in Sport Week 2018

Child Protection Committees Scotland are pleased to be working in partnership with the NSPCC to support its annual **Parents in Sport Week** which runs from 1-7 October this year.

CPCScotland, NSPCC and Scottish charity Children 1st support all efforts to keep Scotland's children active and able to enjoy the many benefits of sport and exercise, at the same time as keeping them protected and safe from harm in sporting environments.

**NSPCC Parents in Sport Week 2018** has 3 main aims. These are:-

- to provide support to help parents recognise their own role to keep children safe in sport
- to help parents understand how to positively influence their child's participation in and enjoyment of sport
- to encourage clubs to engage and involve parents in their child's sport

Parents, volunteers, coaches, local organisations, clubs and classes are all encouraged to find out more about the role they can play to keep children safe in sport.

In Scotland, the national charity Children 1st provides advice and guidance about children in sport for parents, governing bodies, coaches and sports clubs through its Safeguarding in Sport service. The service can be contacted on its Advice Line 0141 419 1156 or by email [safeguardinginsport@children1st.org.uk](mailto:safeguardinginsport@children1st.org.uk).

Further information is available through NSPCC's Parents in Sport Week resources and from the Children 1st website. Just click on the links below.

### PARENTS IN SPORT WEEK 2018 - RESOURCES

#### **NSPCC - 5 ways you can get involved**

<https://thecpsu.org.uk/news/2018/september/5-ways-you-can-get-involved-with-parents-in-sport-week-2018/>

#### **NSPCC - Resource library for parents, clubs and coaches**

<https://thecpsu.org.uk/resource-library/2018/parents-in-sport-week-2018-resources/>

#### **Children 1<sup>st</sup> – What to ask? A parent's guide to finding a safe sports club**

<https://www.children1st.org.uk/what-we-do/how-we-help/safeguarding-in-sport/safeguarding-in-sport-resources/>