

COMMUNITY WELLBEING & SAFETY PARTENRSHIPS -

Tackling Inequalities Group (TIG) Meeting

Date: 19th April 2018

Attendees: Anthea Coulter – CTSI, Leehanne Smith – Clackmannanshire Women’s Aid, Lynne Warratar – Clackmannanshire Women’s Aid, Julie Russell – Clacks Council Housing, Joe Hammill – NHS, - Lesley Jack – CTSI, Tracy Gibson – Tullibody Healthy Living, Liz Rowlett - CTSI

Apologies: Donna McLean CAB, Debbie Carter, Elaine Brown, David Kennedy, Janet Hay, Mark, Hazel Hedley, Sylvie McLeary

Minutes & Actions

Actions still to complete – Sylvie to pass figures of drop-ins after her return from France.

Data Update:

- What are the figures we actually want to look at?
- What do we think will be good things for us to track to see if there is change overall?
- What did everyone think of Debbie’s figures?

Comments:

AC Some are particularly high, some are under our actions; These figures are quite high level, we might not see these figures down for 2-3 years depending on how they are managed, maybe looking at the smaller figures, so we can see a change. **TG** Much higher than Stirling

Update:

1. **Child Poverty Strategy** – new national delivery plan circulated. Child Poverty down by 2030 to 10% - 17% difference in this area. Ambitious target. Funding is ‘new’ to address needs. Ac has been in discussion with relevant unit and keen to visit Clacks and discuss needs around women and children LOIPS.
2. **Universal Credit** - Brian had 191 meetings from September to March. Target is 226 for next year. CAB continue to provide personal budgeting for people who are on Universal Credit. Target is 377 people next year. High target when people don’t know the amount of money they have. Strategies to help ensure people access this service is key to partners.
3. **Fair Food Fund** – Foodbank figures provided. Fair Food Fund - they have decided to re-fund the groups from last year. Sauchie Active8 will be funded but aim to work across Clacks. More about training than just handing out food parcels. It will be getting examined as to how it works, training on how to cook a healthy meal on a budget, wasting less etc.

- 4. Social Welfare Fund** - CAB receives £430,000 in Clacks which is split between Crisis Grants and Care Grants – significant swing to crisis grants over last few months due to UC.

Action - Get 'swing' stats from Wilson Lee. Contact Credit Union about joining TIG.

- 5. Keep well** attendance – 853 attended the service approx. 1100 follow up interventions. 177 were followed up 3 months later. 241 healthy lifestyle improvements were identified. Monitor changes for next year.
- 6. Mental Health First Aid Training** – 58 people were trained in the Clackmannanshire area, Persistent high suicide rate.

JH – The training is looking at getting refreshed, they are in the process of looking at the training programme. Relooking at how to provide training locally. Questions on how to roll out training and refresh training.

JH – confirmed mental health course programmes within the schools and given 5th and 6 years bitesize chunks, and the same with the teachers, as it is hard to get into the schools to deliver the 2 days training.

Action – To see if we can do the bitesize Mental Health First Aid Training again. **JH** to send over some information. **AC** to follow up with Forth Valley Mental Health.

- 7. Suicide Prevention** Consultation document – comments **Digital Media** – suggesting picking up words when people go on to google – Mood Juice has been around for a long time. Good resource. The *Steps for Stress* booklet is a good resource.
- 8. Holiday child poverty** need to capture the summer holidays clubs with activity clubs as its also within the child poverty strategy, as there is no strategy for children to get lunches when not at school.

Action: AC to contact The Gate to see if there is something we can do about this.

- 9. Update on Alliance** – Meeting to discuss the reporting was going to happen, but it was postponed, will update at next meeting.
- 10. Fair Start** – AC gives background to Fair Start. Designed for people who are much readier for work, they have got to be at least 12 months away from getting a job. 3 levels, Core, Advanced and Intensive – they are assessed through a 10 point question at the beginning and they will not know what level they are on. If placed on Intense they can get up to 18 months support. Fair start is voluntary they have to give up 3 hours per week to an activity to support their progress to work. For 400 people across Clackmannanshire over 3 years. Being run by Clacks Works, there is a 10 stage process. All the referrals will go through the DWP.
- 11. Signposting** – Brian is seeing that when he is getting someone on UC they do not have the digital skills alongside.
AC – Hands out new timetable for Universal Credit drop-ins

Action AC – Looking to train up someone to work alongside Brian/volunteers to give more digital support. Could this person be a community sign-poster at the same time. LR to work up a job description.

12. Directories - Good directories – available. Not always suitable for everyone. Agreed no more directories', it's just how people get access to the directories better.

Action: Agreed to work up design of Passport to Clacks, set out their own goals and it would help them meet their goals. Pilot for UC and CAB plus others. Promote self-management. Are the directories in the right places? In the doctor's surgery would it be more beneficial if they were in the actual doctor's office.

13. Know Clackmannanshire – which is aimed at people within Criminal Justice, so they understand what is available, i.e Forth Valley Men's Shed is on 3 days a week, Wee County Men's Shed is on 3 days a week, there is a walking group, cycling group etc. It's about getting the staff to signpost their clients.

14. Place Standard Tool – is a NHS and planning tool, that is being rolled out quite a lot in communities do you get a base-line figure using a spider's web. Useful for taking a community of interest and ask how good is this service.

15. Outreach Sessions - CAB are providing at Hawkhill, Carers Centre, Play Alloa, Home-Start & Tullibody Healthy Living.

Action – AC to make sure Health Visitors at Clackmannanshire Community Hospital know about the sessions, send to Margaret-Ann McWilliams, at Clackmannanshire Community Hospital.

16. Fuel Poverty – Malcolm Aitken came to see AC about water saving packs, showing ways to save money, universal plugs, kitchen tapwater, regulated shower head.

Fit all of this for free into a household once they have done the evaluation. They will come out to community groups, lunch clubs etc.

Action – AC to find out if Health visitors etc. can refer clients. AC to find out who will be delivering on the fuel poverty from CAB

17. Thrive Programme – 9 people have started the 16-week programme, has been success in Stirling. Once the course is finished they are looking to go onto volunteering.

Action – AC Find out when the next Thrive course starts.

18. Steps to Excellence - run by Lynne Kennedy from DWP for people with mental health. Then the idea is that they go on to volunteer at the end. Starts CTSI Connect Centre mid-May.

Action - AC to get dates and pass out. Started 11th May.

19. Education – Child care, nursery provision, we were looking at community creches to get people out to work, and by looking at the child poverty strategy that might be something we can do earlier.

20. Domestic Violence – We were looking at a Volunteer perpetrator programme. Clacks Women's Aid starting work in schools on healthy relationships for girls. HH was looking at this to see if there was funding but lot of change going on at Family Centre

Action – AC to find out from HH the outcome.

21. Clackmannanshire Woman's Aid - April 17 – March 18 - 1400 contacts which included, emails, phone calls, drop-ins etc. There was 204 women from Jan17- Jan18 who used the services. Referred 4 starter packs via The Gate and 14 food parcels, for outreach woman. Stats seems really small, but they can go elsewhere, possibly start-up Stirling

Action – LW Looking into other stats and will bring to the next meeting, i.e. stats from the year before.

Action - AC is meeting Murray Sharp – Alloa Community Enterprise is picking up a lot of stock from all over Forth Valley, the issue for A.C.E is the delivery cost. Meeting Murray regarding offering furniture free of charge and possibly a referral service. So if anyone has any thoughts, please let me know.

22. Supporting young people – leaving school and living on their own, supporting young people in their own tenancies, this is where Who Cares? (Morag) she is now doing advocacy work for young people who are coming out of care. Discussion on difficulties of provision from housing point of view

Action: AC Is there the potential to set up a unit for young people? It's whether this a big partnership approach and we can put in a funding bid.

AOB

23. Cervical Cancer – JH outlined good response rate, doing further work in Clackmannanshire to 29-49 year olds is the target group, looking for a couple of partners to come on board to help with location etc.

Action: Contact JH and he will come out and meet with anyone else and see what they can do.

24. Mental health redesign – for noting

25. Primary care transformation – for noting

26. World Earth Day on Sunday at Tullibody Community Garden 12-2pm and we are also celebrating the end of our climate challenge fund. We have 24 volunteers at the moment. The garden is open on Tuesday and Wednesdays.

27. The Big Walk- 23rd May, looking for somewhere where the people will stop to have lunch.

28. Community breakfast 22nd May 9.30-11am at Ludgate House, for Dementia awareness.

29. Consultation at Ludgate House 22nd May straight after the community breakfast. So come along and see what they have to offer, and have a look at the technology flat.