

Clackmannanshire Dementia Group

February 22, 2018

CTSI Connect

Attendees: Carole Anderson – Age Scotland, Dave Budd – Stirling University, Anne Christian – Alzheimer Scotland, Julie Christie – Dial-a-Journey, Bonnie McDowell – Church of Scotland, Liz Rowlett – CTSI (Chair), Kelly Sagar – Wee County Walkers, Kayleigh Sinclair – Paths for All

Apologies: Ian MCourt – Falkirk and Clackmannanshire Carers Centre, Nicola Wood - NHS Forth Valley, Janice Young – Clackmannanshire Council

Dave Budd gave a presentation on his new role at Stirling University and the Stirling and Forth Valley Participatory Neighbourhoods project:

- Focus will initially be on North Stirling
- There will be Link Age workers. Michelle Flynn will be in N Stirling
- Part of the Neighbourhoods project – Our people our places, will look at rebuilding networks following diagnosis, including digital connections; creativity, stigma and exclusion; and experience of formal carer support services.
- First partnership meeting was in January. Partners included Scotland's Urban Past.
- Three phases – Audit, Action and Education and Expansion.
- Project will use Place Standard Tool
- In phase two they will look at routes between neighbourhoods.

Julie Christie has recently joined Dial-a-Journey in a fund-raising role.

Wee County Walkers is now offering dementia friendly walks.

Age Scotland works nationally around early stage dementia and has many membership groups in Clacks.

The Church of Scotland is involved in Dementia Friendly Dunblane and Stirling and is encouraging churches and groups to become more dementia friendly. Bonnie attends the Dementia cross party group at Holyrood and has also attended a group on end of life care.

Post diagnostic support

NHS Forth Valley recently held a dementia event at which the local figures for waiting times for post diagnostic support were revealed. People are having to wait for too long and it might be a capacity issue. Expected referrals are the same.

Nationally, less than 40% of people are getting support.

Aspects of the Pillars of support are being treated differently by different organisations/ people.

Is there a gap in how things are recorded?

Are people not getting what they are entitled to / rights-based care?

In our health and social care partnership the number of people diagnosed or waiting for support has gone up by 22%. It may be that people don't know that they are entitled to PDS and this may be a reflection of where people are diagnosed. We need to clarify the pathway for the Partnership Area (**Action**).

Bonnie's concern is from an advocacy perspective.

How do we acknowledge that support isn't great and harness the services available in the community. As the Clackmannanshire Group we should be providing information.

In Stirling it is hoped that pharmacists will become involved in aspects of the five pillar model: it is only for people with different medication.

Keith Brown MSP, has looked into availability of post diagnostic support to people in rural Stirling as there was a question mark over availability. It's possible that there is an inequality here. One should get PDS on diagnosis, but some are having to wait 18 months.

Dave Berry from the policy development team at Scottish Government recognises the weight of the task. The targets are there to aim at but we may miss them. This approach deflates aspirations. Case studies are a powerful tool. People are waiting several months for with no support. We should collate some examples.

Action Liz to follow up with partners re case studies; we can use them during dementia awareness week. We need the viewpoint from the inside.

Dave has raised the issue of differently formatted leaflets. He can't get dementia friendly business cards. He has a small underspend to employ a graphic designer to brand his project. He has struggled to find good practice in dementia friendly design. He is also looking for an auditing tool for spaces and for digital. Kerry has a contact who has carried out work for Paths for All.

People are overwhelmed with information.

Dave Berry has also talked about extended Dementia friends training and befriending. The third sector is the frontline – training is the only requirement. Scottish Government are citing befriending as the answer to everything.

Alzheimer has gone through a period of transition and has recently started a **dementia café**. This will provide peer support for people who don't have PDS.

They have link workers starting soon. Staffing has been an issue for a while.

Alzheimer has also set up a **Brain Gym**.

Anne is a community activity worker based in Stenhousemuir.

Action: Paths for All and Alzheimer to circulate flyers and info pack so that group can see examples of dementia friendly design and information given to people on diagnosis.

People don't understand that information does not have to have "dementia friendly" written all over it.

Life Changes Trust also has a dementia friendly booklet. LCT has also funded Paths for All and want them to share their learning.

In Auclerader there has been some intergenerational work.

ools available include the [Iridis Tool](#):

"Iridis is a cutting-edge app created to promote a better quality of life for people with dementia. Made possible through a collaboration between the University of Stirling [Dementia Services Development Centre \(DSDC\)](#) and Space Group, the app represents a revolution in the implementation of dementia design principles in homes, workplaces, care facilities and public buildings.

The app is a digital version of the DSDC's research-based Dementia Design Audit Tool – meaning expert guidance on dementia design is now available at the touch of a button.

Research has proven that good design enables people with dementia, and age-related impairments, to enjoy a greater quality of life and remain independent for longer."

Paths for All have two events coming up: Dementia and the Outdoors at Oatridge and another in Linlithgow, which is geared towards showcasing projects.

We could get someone from planning to talk about the environment.

EQIA/ Place Standard

Kayleigh is trying to make King's Park in Stirling an exemplar of good practice.

Paths for All have groups of youngsters who want to help with maintenance but they have been turned down so far.

Action: Smart Specs – Bonnie to contact regarding training.

Next meeting will look at training and dementia awareness week

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