

Clackmannanshire Dementia Group

October 6, 2017

Ludgate House

Attendees: Caroline Crawford – Alzheimer Scotland, Lorraine Douglas – Alloa BID, Tim Green – Age Scotland/ Men's Sheds, Duncan Hearsum – Dial-a-Journey, Bonnie McDowell – Church of Scotland, Craig Miller – Sauchie Community Group, Liz Rowlett (Chair) – CTSI, Angela Smith – Clackmannanshire Council, Colin Ward – Paths for All Janice Young – Clackmannanshire Council.

Apologies: Gail Barton – Town Break, Nicky Wood – NHS Forth Valley

Lorraine Douglas gave a brief introduction to the Business Improvement District, noting the achievements of the [Imagine Alloa](#) initiative.

Paths for All are running training sessions and have approached Wee County Walkers to set up two dementia walks.

Discussion on day care provided at Ludgate House – there are currently 15 places available for day care and 4 intermediate beds. Statutory day care is not provided in the same way as it has been in the past. There is now more emphasis on people living safely in their communities.

Bonnie has been to the Scottish Parliament Cross Party Group on Dementia for the Church of Scotland. She is tidying up the mapping picture and is delivering dementia friendly awareness sessions. We should appreciate the spaces that could make Clackmannanshire dementia friendly. We could start by doing some training with shops.

A key issue is identification of resources.

Dial-a-Journey interested in assessing people's transport needs. It's probable that more people are staying in their homes all day as disposable income has declined.

Caroline Crawford outlined local services/ activities provided for people with dementia including Musical Memories and a fortnightly lunch club in

Menstrie, outings and fund raising. She is a trustee of the Friends of Larbert Hospital. They have been focussing on the dementia wards, in particular, the slipper project, which aims to reduce trips and falls. Future plans include a red zimmer frame programme and a voluntary drivers service for elderly people going to the hospital in Falkirk.

There is insufficient post-diagnostic support.

[Purple Alert](#) is a free app designed by people living with dementia and carers, Alzheimer Scotland staff, Police Scotland, Social Work, Dementia Friends Scotland, Health and Social Care Partnerships and telecare services.

Tim Green talked about the Men's Sheds across Scotland. They are young in terms of development, however, he is supporting around 100 of them. Sheds create safe spaces and are becoming more inclusive. Tim can offer training on early stages of dementia.

Sheds also look at the health and safety aspect of what they do. As they are voluntary organisations they are not covered by HASAW (Health and Safety at Work Act - 1974). People recognise that machines can be dangerous and 3D printers are becoming popular.

A key issue is dialogue between sheds and health professionals so that people realise what a shed is and what it isn't.

Tim is also running a [Playlist for Life](#)

Sauchie Resources Centre hopes to become more inclusive. The group runs "Thank you for the music".

The way forward might be by contacting community councils and having some sort of event.

Lorraine will ask traders if they are interested in taking up training.

Caroline already talks to schools and nurseries. There are opportunities for intergenerational work – for example in Dumblane the children bring games to the memory café.

Wetherspoons works with veterans around poppy day – this is something we could get involved with. We could also run dementia friendly awards.

We could write a mini briefing on what has worked elsewhere?

Forth Valley strategy has been refreshed. The focus is more about resilience. We need to look at giving voice to the community through capacity building – there is a question mark over whether people are heard.

Tour of Ludgate House given by Angela Smith.