



## **CTSi Children and Families Forum**

**Home-Start, Alloa**

**September 8, 2016**

### **Meeting Notes**

Attendees:

Shelley Bowman – Home-Start, Maggie Brown – Action for Children, Dave Budd – Volunteering Matters, Jayne Lennox – Falkirk and Clackmannanshire Carers Centre, Susan Kennedy – NHS Forth Valley, Julie McGrath – CTSi, Helen Thomson – Alloa Family Centre, Richard Thomson – Community Justice, Clackmannanshire Council, Danielle Ramsay – Action for Children C Café, Liz Rowlett – CTSi (chair).

### **Richard Thomson – Clackmannanshire Council, Community Justice**

The following points were raised during Richard Thomson's discussion on community justice

Parents of young carers don't see how children's life chances are affected by their situation

People have unresolved **trauma** issues. We need to establish a trauma baseline to develop a trauma informed community movement.

**WeVolution** is an opportunity

**Women and girls** have been identified in the LOIP

Community justice ambassadors could be developed to change the narrative

How do we get professionals in criminal justice to talk about the evidence base?

We have huge issue with domestic abuse and substance.

How can we develop **resilience**?

There is a one-year plan in terms of community justice to improve **community understanding**

Communities of practice are themed around employability, criminal justice, person centred and health and substances.

Resilience conference is on November 6.

**Action for Children** has a project with young fathers, including work in Glenochil. It was about parenting: young men don't realise the impact of what they do but society puts them on the periphery. Where do role models fit in with domestic abuse support services.

Clackmannanshire Listeners is a hugely valuable service but there may be issues around sustainability.

There are pop up sessions in the library on stress and self esteem.

Recovery model is not about being cured

Healthy Working Lives will be relaunched

One of the most important factors in reducing offending is to reduce offender identity

### **Helen Thomson - Alloa Family Centre**

Family Centre has a new manager, Hazel Hedley.

There aren't groups of children in for day care anymore it's more one to one. There is a focus on early intervention with referrals coming from NHS and social work. Lynne Black from mental health is working alongside staff. The Centre also has received many referrals from Women's Aid.

Activities include "mellow group", stay, play, baby massage and young mums. People can self refer. The Centre doesn't currently cover weaning

Action for Children in Tullibody gave an update on the parenting programme and C Café.

Young Carers worker has received funding from Nominet to look at digital skills, including those necessary for the workplace.

Clackmannanshire now has Food Development worker, Peter Marriott. His focus will be on driving forward cooking skills in Clackmannanshire. There is also a part time early years cooking skills resource. NHS Forth Valley has grant funding for organisations.

Volunteering Matters is hoping to initiate a younger person's befriending project They aim to match 75 people with volunteers over three years. Funding is still the issue. Volunteering Matters is development Community Connections, a mentoring project for people aged under 24 who have had experiences with the justice system and need support to find the right path.