

## Clackmannanshire Dementia Group

CTSI, June 8, 2017

### Attendees:

Gail Barton – Town Break Stirling, Bonnie McDowell – Church of Scotland, Kerry McPhee – Alzheimer Scotland, Liz Rowlett – CTSI, Kayleigh Sinclair - Paths for All

The Clackmannanshire Dementia Group had its initial meeting at CTSI on June 8. The group was brought together by CTSI following discussions with third sector colleagues about service provision for people affected by dementia in Clackmannanshire against a backdrop of an ageing population, where incidence of dementia is projected to grow (Clackmannanshire and Stirling Health and Social Care Partnership Strategic Needs Assessment 2016 – 2019 <https://nhsforthvalley.com/wp-content/uploads/2015/11/Clackmannanshire-Stirling-IJB-Strategic-Needs-Assessment.pdf>).

The group met to look at taking a partnership approach to future work aimed at making better use of our resources and initiating/ improving services in Clacks and working towards a dementia friendly community.

Those present gave an **update** as to their current activities and aspirations.

Bonnie McDowell, Church of Scotland, Stirling Presbytery:

The Church of Scotland is promoting dementia friendly communities. She has two-year funding for her post and has also linked with Sauchie Community Group regarding the singing group. She's keen to look at befriending, conversation cafes and reminiscence.

The Church of Scotland has published [A guide to supporting people with dementia in the local church](http://dementiatrust.org.uk/wp-content/uploads/2016/08/04160-Resource-for-churchgoers-inserts_31.pdf) ([http://dementiatrust.org.uk/wp-content/uploads/2016/08/04160-Resource-for-churchgoers-inserts\\_31.pdf](http://dementiatrust.org.uk/wp-content/uploads/2016/08/04160-Resource-for-churchgoers-inserts_31.pdf)).

Kerry MacPhee, Dementia Advisor, Alzheimer Scotland:

Kerry delivers [Dementia Friends](http://www.dementiafriends.org.uk/) (www.dementiafriends.org.uk/) training and has recently delivered it in Tesco in Alloa. There is Dementia Friendly Stirling and Dementia Friendly Dunblane.

Kerry talked about the one-year post diagnostic support guarantee waiting list in Clackmannanshire and Stirling.

Gail Barton, Town Break, Stirling:

Town Break currently works in Stirling and is bound by its constitution to do so. However, the Board is keen to look at what is happening in Clackmannanshire to see if there is unmet need.

There are approximately 1650 people with dementia in Stirling and Town Break sees 100 every week.

Her service includes cognitive stimulation groups and a day club. Most of their referrals come from the community mental health team/ social work.

Town Break has some funding from [RS Macdonald](http://www.rsmacdonald.com) ([www.rsmacdonald.com](http://www.rsmacdonald.com)).

Alzheimer Scotland is kept informed of diagnoses. There may be between three and seven a week in Stirling.

Town Break is interested in working in the rural areas.

Kayleigh Sinclair, Paths for All:

Paths for All had [Life Changes Trust](http://www.lifechangestrust.org.uk/people-affected-by-dementia) (<http://www.lifechangestrust.org.uk/people-affected-by-dementia>) funding to identify projects where there is a need to make walks more accessible to people in Scotland. They are working on 27 projects.

There are walking groups in Clacks but the nearest dementia group is in Stirling. It meets twice monthly and the Smith and University. The Stirling Group has now got accreditation.

Paths for All will be working to make Kings Park in Stirling dementia friendly and there will be developments through the City Deal. A working group will be set up to look at this.

Paths for All has Life Changes Trust funding. They already have volunteering roles and have connections across Scotland. They collect people's stories about what they get out of walking. They know that walking groups reduce isolation and trips and falls.

Dementia Services Development Centre at Stirling University offers tours to demonstrate what a dementia friendly community looks like.

Stirling has a "conversation café" for people that are newly diagnosed

The other dementia friendly park in the UK is in Richmond.

Discussion points included:

- How do we prove people are valued?
- Transport is an issue
- Can we move to becoming Dementia Friendly in Clacks? It's a small area so it is achievable. Dunblane is Dementia Friendly – the Dunblane group has a good relationship with Tesco's communication officer. We could do a small pilot for a quick win.
- Bonnie has already carried out some scoping and agreed to progress a mapping exercise, so that we have a good idea of services that are already available
- Need a long term strategic view.
- How do we utilise opportunity provided by City Deal?

The group considered future membership – it should include NHS and local authority.

Liz Rowlett agreed to circulate notes and meeting date options.