

## CTSI Health and Social Care Forum

**February 9, 2017**

Attendees:

Susan Bennet – Stroke Association Clacks, Brian Combe – Action in Mind, Caroline Fraser – Klaksun, Angela Leask – Clacks Community Transport Association, Sheila McGhee – Disability Awareness Group, Louise Rogers – Health and Social Care Alliance, Sauchie Community Group, Anthea Coulter, Lesley Jack, Jennifer Robertson, Liz Rowlett - CTSI, Nicola Weedon – Falkirk and Clackmannanshire Carers

There was a discussion around how people felt the forum was going, how useful it is and how we could improve it. Terms of reference were circulated prior to the meeting. The following points were raised:

- People go to the forum to connect with each other
- There is a ripple effect and a good place to meet new people
- It's a vibrant forum compared with some that people go to
- Good place to find out what happens at a local level
- It is people-centred, less jargonistic and language used is more person friendly
- Informal
- Health and social care is baffling – the forum has helped in this respect
- Scope is good – it's not too wide
- PPF is a public voice at primary care level
- Face to face discussions are more inspiring than chat rooms
- Forum feeds into Community Planning Partnership (Clackmannanshire Alliance)

The question of chairing the forum was also talked about, with the group happy for now for CTSI to chair it. However, as we are on a journey this will change with the forum having a distinct voice of its own.

It's useful to see where people have influence. LR runs workshops where people put dots on structures to see where they sit. It can be very revealing.

An **update** on the **IJB** (Integration Joint Board) was given by the Third Sector Rep, Angela Leask.

Louise Rodgers from the Alliance noted that she is keeping a watching brief on what is happening over the country. There's a wider variation on how the different Partnerships have tried to work with the Third Sector. Sometimes they want to talk to the sector but the Third Sector Interfaces don't always have the capacity. It is

relatively early days. We are creating an information flow and giving Third Sector Representatives validity and voice, which is vital.

The different partnerships have been creative about how they view non-public sector representatives. Some have included GP's and non-commercial providers of healthcare.

Feedback regarding the IJB included that the formality of it was a barrier and people were put off by it. IJB is seen as being heavily NHS dominated.

There is a difference between volunteering as a Third Sector representative and as a user. Service user reps are recruited by the NHS engagement team.

The spirit of the legislation is that it should be bottom up. The IJB has been about governance and real influence will be lower down the line. It is important that we take the opportunity.

The **Strategic Planning Group** is run differently. There is usually a 20-minute presentation and then discussion. They have considered the Carers' Charter, for example.

**Localities** planning is in the pipeline and a meeting regarding participation and engagement is planned.

The issue of **transport** cropped up with respect to day care. JR's centre (in Falkirk) is part of a consortium that has a pool of buses. CCTA (Clackmannanshire Community Transport Association) has been trying to find out how they can get the use of local authority buses.

Susie Bennet from the Stroke Association gave a presentation.

- Stroke is the leading cause of complex disability in the UK
- 80% of strokes can be prevented
- Forth Valley has bad mortality rate for strokes
- There needs to be better awareness among people as to the cause – lifestyles and high blood pressure.
- There are Life After Stroke Grants available to help people who have had a stroke
- The Association has been approached to set up a support group in Clacks

Next meeting is scheduled for May 10, 2017